



2021 Silver Star Award
Recognizing 25 Years + of Service

forward

Bayview

Caridad Castillo, LPN - 30 | Caridad is a great asset to Bayview. She contributes significantly to positive useful communication with coworkers, residents, and family members. As the dayshift nurse she provides oversight in an efficient and timely manner. Caridad will look beyond the basic tasks of the day and is aware of the overall needs of the Assisted Living and Dorothy's Place residents. Residents and family members have expressed their appreciation of Caridad's nursing skills and abilities. Caridad lives out the mission statement of Bayview by transforming the experience of aging with opportunities for healthy, spiritual and purposeful living for our residents.

Chris Cabler Sr, Building Engineer - 35 | Chris started working in the kitchen, cleaning after the kitchen closed. Then came to maintenance as a tech and moved up to Building Engineer. When Chris Jr was born some of the residents would watch after him when Chris Sr was working.

William St. Rose, Accounting - 42 | Bill began working at Bayview October 1978 in Dining services. He transitioned to Skilled Nursing Ward clerk and then to A/R specialist. He attempted to retire in 2020 but still continues to help Bayview out on a part time basis. We are so grateful for his 42 years of service.

Christian Health Care Center

Kathy Miller, LPN - 26 | Kathy is a strong nurse and serves her residents with compassion and a great sense of humor. She is an excellent team player and maintains a positive relationship with families, residents and staff. We appreciate Kathy's dedication!

Lisa Osborn, LPN - 26 | Lisa has the wonderful ability to build strong relationships with the residents she cares for as well as their families. She is often mentioned by discharging residents on their appreciation of her care. We're glad Lisa is a part of our team!

Deanna Miller, Business Office Manager - 30 | Deanna is a very dedicated member of our team. She's great to work with! Meetings are never dull when Deanna is in attendance and we appreciate that! Deanna, thank you for your 30 years of service!

Mary Wynstra, Training and Development Coordinator - 30 | Throughout the past 30 years Mary has had many different roles at CHCC and is always willing to do whatever it takes to meet the needs of the facility. She's dependable, hardworking and good at what she does. We are thankful for her dedication to our facility and residents.

Columbia Lutheran Home

Pema Choezing, Dietary Aide - 25 | Pema is friendly, professional and hard working, and has a good rapport with coworkers in all departments.

Tashi Paldon, Dietary Aide - 25 | Tashi is a conscientious, hardworking team player. We rely on Tashi's dedication to serving our residents.

Victoria Divina, RN/MDS Nurse - 30 | Victoria is a dedicated nurse and resident advocate who is dedicated to our residents at Columbia Lutheran Home.

Lisa Duangprasaert, Restorative Aide - 35 | Lisa is patient, kind and dedicated to our residents.

Shallum Legaspi, LPN - 35 | Shallum is caring, patient and dedicated to serving our residents.

Foss Home and Village

Christina Frieboes, Rehab Aide/Residential Services Associate - 25 | Chris is very good at her organizational skills, flexible with her schedule and works well independently. She is well liked by residents and staff. We are grateful and thankful to have Chris at Foss.

Ernesto Lagahit, NAC - 25 | Ernie is a hard worker and continues to perform high quality work. He has an excellent rapport with residents, family members and staff. He is a team player and always available to help others. Ernie, we thank you for your unselfish service to Foss.

Eduardo Jimenez, Laundry/Housekeeping Manager - 30 | Ed started as an NAC and became the Housekeeping/Laundry Manager in 2001. Ed is approachable, has a good attitude and is courteous and friendly. He is knowledgeable in his job, flexible in his schedule, a hard worker and lead his staff is exceptional. We thank Ed for his 30 years of loyal service to Foss

Sage Roberts, Unit Secretary - 35 | Sage started her career at Foss as an NAC and became a Unit Secretary in 1999. Sage pleasantly accepts assignments and completes it on timely manner, never complains or get tired of making several assignment changes on the unit. She is well liked by staff, residents and families. Thank you Sage for your 35 years of service.

Joseph McCormack, Laundry Aide - 40 | Joe has worked every shift and is willing to work anytime we need him. He is a hard worker, friendly, and is openness to change has always been his strength. He likes to bring in pictures of past times at Foss and smiles when the good old days are brought up. We thank Joe for her 30 years of dedicated service.

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LeadingAge
Washington

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Franke Tobey Jones

Linda Tonjann, First Impressions Director - 32 | Linda is the Director of First Impressions aka Supervisor of the Front Desk. She started her career as a CNA then moved into the receptionist role and supervisor. I have worked with her for 22 years, she has been the most dependable, loyal employee I have ever had the pleasure to work with. She is a stable force that keeps everything running like a well-oiled machine. Linda is truly a major piece of the fabric that makes FTJ such a wonderful place. Thank you Linda for all of your years of service to Franke Tobey Jones and all of the residents and families you have served all these years. (Michelle Olafson, Director of Residential Accommodations). I would also like to add how helpful Linda is to our team member, always willing to answer questions or send our team in the right direction. We are very lucky! On behalf of all of us at FTJ, we thank you for all you do. (Judy Dunn, President & CEO)

Christy Santos, CNA - 40 | Christy has spent 4 decades serving the residents of Franke Tobey Jones. To say she is the embodiment of our mission, "To enrich and extend the quality of life for seniors in our community" is an understatement. Christy cares for many residents that are younger than she is. In a recent conversation with Christy I asked her, "Have you thought about when you want to retire?" Her response was, "The residents are my family and I want to spend time with my family." She is truly amazing. (Bob Beckham, COO)

Hearthstone

Askalu Habteslasie, AP/Payroll Coordinator - 25 | Askalu is always ready to help a staff member with a question about their paycheck or payment to a vendor. We can always rely on her expertise and she goes above and beyond the call of duty to keep the Hearthstone's payroll and accounts payable running smoothly.

Frewinnie Kidane, CNA - 25 | Winnie is well loved by the residents and their families. She is gentle and kind and has immense patience. Her dedication and uplifting attitude make a positive difference in the lives of our residents.

Holman Gardens

Linda Hubble, Administrator - 32 | Linda began in housekeeping and moved to bookkeeping and on to administration. She has been the heart and soul of our Mission. She always puts our residents first. She is their advocate and has created a culture of love support. An example would be that she had a resident turn 100 and for his birthday the staff gathered a penny dated for every one of his 100 years and put them in a display case. Whether you knew him or not, when you came to Holman, you got to see it. She has been there for every emergency, celebration and many memorial services. It will be impossible to replace her.

Horizon House

Brian Hultz, Director of Operations - 25 | Brian's 25 years at Horizon House have involved working in and with all areas of the organization. Starting as a Sous Chef, then transitioning to Food Service Director, Brian is currently the Director of Operations, overseeing the facility and security. Brian's coaching and mentoring of many staff have earned him the trust and respect of employees. Horizon House is fortunate to have Brian working for us for the past 25 years!

Venita Martinez, Elder Care Assistant, NAC - 25 | Thank you Venita!

Judson Park

Natalie Wilcox-McCann, Director of Hospitality - 25 | Natalie has been a pillar to Judson Park for the past 25 years. She is a resource to residents, families and team members alike. We consistently hear praise for Natalie and her team as they play an important role across each level of our community supporting, engaging, enlightening and inspiring our residents. We are lucky to have Natalie as a member of the Judson Park family. And, head's up, if you bring in a baby or a dog to the community Natalie may become your best friend.

Sabina Gallardo, Housekeeping - 25 | At Judson Park, we realize that our team members are our greatest asset! It's team members like Sabina that uphold our principles and demonstrate our Vision that continues to work for a better today and bright future. Sabina has worked in housekeeping and in laundry over these last 25 years, since July 1, 1996. This breaks down to 299 months, 1,303 weeks, 9,125 days and 219,000 hours! Incredible! Originally working in the Health Care area of our Community then branching over into our Residencies area. Sabina holds the KEY to success with her exceptional skills, commitment, integrity and always delivering on her promise to our residents. I have such pride and admiration for the work she does to make a difference in her resident's lives, not in just the cleaning aspect but in the emotionally caring support she gives each and every one of them. Sabina is a shining star in my eyes and those she serves. Thank you for your outstanding work over the last 25 years! Congratulations Sabina on your achievement.



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Kin On

Alan Poon, Staff Accountant - 25 | Alan oversees accounts receivables. He maintains the general ledger to make sure they are in compliance with generally accepted accounting principles. He also performs monthly GL accounts reconciliation and analysis.

Ruth Lingat, RN/MDS Nurse - 25 | Ruth was first hired as a RN working on the floor to offer direct resident care. She then switched to part-time position over 15 years ago, but she continues to come in to help the nursing home with MDS – doing needed assessment for our residents.

Kline Galland

Athena Padua, Front Office Reception - 30 | Athena has been a wonderful part of our front office team. For the past several years she has worked the evening shift and we know Kline Galland is in good hands when she is here. She was especially instrumental during COVID to ensure people were not entering the facility who weren't authorized, as well as enforcing appropriate PPE for those that did come in. Athena has a calm strength that has been a steady support for the team. She will be retiring at the end of this year and will be truly missed.

Tamene Kassa, CAN, Memory Care - 30 | Tamene has been a dedicated and dependable CNA at Kline Galland and anyone in our industry would love to have him on their team. He truly cares about our residents and goes out of his way to get to know them, their needs and wants, and tries his best to exceed their expectations. He has been working in our memory care unit for the last several years and has a great temperament and patience to do what he can to create special moments with our precious residents. We appreciate him!

Teresita "Tessie" Gumiran, Restorative Nursing Assistant - 35 | Tessie is one of our restorative nursing aides. She can usually be seen exercising with our residents in the gym or holding group exercise programs for our residents with upbeat music and lots of laughter. Tessie brings joy to those around her, both her coworkers and her residents. She is invested on helping our residents maintain and improve their physical abilities and is ready to dance with them anytime music comes on. Kline Galland is thankful to have her on our team.

Vicenta "Vessie" Gestoso, Concierge - 35 | Vessie has held several roles during her time at Kline Galland. She was the nursing scheduler at the Kline for many years and several years ago decided to change roles and work as one of our Concierge assistants at the Summit on First Hill. Most recently Kline Galland Home needed a front office assistant and Vessie has agreed to return to the Kline where everyone is excited to welcome her back. Vessie is joyful and happy and always has a beautiful wide smile for those around her. She has brought many family members to work at Kline Galland through the years and we've benefitted from her recruiting efforts. We appreciate Vessie very much are a better place because of her.

Living Care Retirement

Michelle Cruz, Assisted Living Director - 25 | Michelle started as a Nurse Tech, working in the nursing home as she completed her RN schooling. She quickly became a nurse manager and assumed leadership of our NAC Training Program. For the past 19 years she has been the Assisted Living Director and Program Director of our NAC Training Program. She is loved and appreciated by the residents and their families and respected by her staff and co-workers. She helps make Living Care a great place for our residents to live!

Steve Leonard, Housekeeper - 26 | Steve started in our maintenance dept, when he was hired to help move snow. He was quickly brought on full-time. For the past 15 years he has been a housekeeper in Independent Living. The residents love him and all the staff enjoy his great sense of humor.

Christina Ramos, NAC Team Captain - 26 | Christina completed our NAC training program and has worked as an NAC for 26 years. She is our full-time night shift Team Captain, leading the night shift team for the past 13 years. She is a large asset to the team and is great with training new staff. The residents appreciate her kindness and patience and the extra mile that she will go for them. She brings the holidays into the facility by making curtains and decorations, which always brings a smile to our resident's faces. We appreciate all that Christina does!

Susan Rogers, Assisted Living Attendant - 26 | Susan Rogers has a kind heart and the desire to give excellent care. Susan completed our NAC Training Program and has worked on the evening shift for the past 26 years ensuring our residents get dinner and are safely tucked into bed. For the past 18 years she has also brought them their evening medications. Residents, their families and her coworkers appreciate Susan's reliability.

Diana Ramey, Unit Secretary - 30 | Diana began in 1991, first as a Nursing Assistant and was later promoted to become our Unit Secretary. In this busy role she facilitates communication between residents, family members, nurses and Nursing Assistants. Diana orders and stocks all our nursing supplies and assists with scheduling nursing staffing. She works very efficiently and ensures that all the work gets completed on her Unit. Diana has been recognized by her peers as both an Employee of the Month and Employee of the Year. Living Care is grateful for Diana's 30 years of dedicated service to our residents and staff.



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Living Care Retirement (cont'd)

Katie Jacoby, Nursing Services Director - 30 | Katie began working as a Dishwasher when she was still in high school. She then began working as a Nursing Assistant, and then pursued her RN degree at Yakima Valley Community College. Just a few years after becoming an RN she was selected as our DNS in 1998 and filled that role for 20 years. In 2018 she took a position with our Medical Director's office but continues to lend us her years of experience and leadership working part-time as a charge nurse.

Eileen Henley, Social Services Director - 35 | Eileen began in 1985. First she worked as a Nursing Assistant, then as our Admissions Coordinator, and for the past 12 years as both our Admissions Director and Social Services Director. Eileen has a wonderful rapport with all of our Health Center residents and their families answering their many questions and resolving any issues that may arise. We truly appreciate the caring way that Eileen works with each of our residents, helping them get adjusted to life in a nursing home and helping them feel loved and special in their later years. Eileen has most deservedly been selected as a previous Employee of the Month and Employee of the Year by her peers.

Tami Beason, Assisted Living Coordinator - 35 | Tami began in 1986. She started work as a Nursing Assistant and Restorative Aide and was promoted to our Assisted Living Supervisor 20 years ago. Tami supervises the Assisted Living Attendants and gives tours to families seeking a special place for Mom or Dad. Families appreciate the helpful information which Tami shares with them and residents appreciate the caring way that Tami responds to their questions and needs. Living Care is truly grateful for Tami's 35 years of dedicated service.

Jodyne Fletcher, Human Resources Coordinator - 45 | Jody began in 1976 as a Nursing Assistant and later was promoted to Unit Secretary and Receptionist. In 1998 she became our Human Resources Coordinator. All our employees appreciate working with Jody. She is very detail oriented and ensures that all the required forms are completed on time. Jody is the 'go to' person for all questions regarding personnel policies, benefits, time cards and payroll. Jody has been selected as both an Employee of the Month and Employee of the Year. We truly appreciate Jody's 45 years of dedicated service to our staff. She is our longest tenured employee, setting a wonderful example for others.

Martha and Mary

Tracie Walthall, Resident Life Services Director - 30 | Tracie will never let an obstacle stand in her way. Through the COVID-19 pandemic, her creativity shined as she led her department in providing unique, individualized activities for our residents and packages for our families to celebrate resident milestones. Her commitment to our residents, volunteers and team is inspiring; so much so our residents named her the "most popular person at Martha & Mary" in our latest resident survey. Whether she is sending cards to our volunteers and families, stocking the gift shop with items requested by our staff, or creating customized gardening programs for our residents, she always prioritizes the needs of others and for that, we are grateful.

Lila Dollar, Housekeeping Director - 35 | It is good people who make good places and Lila is one of those who make Martha & Mary a special place to work. She is as constant as the northern star. Even when the going gets tough, Lila always finds time to lend a smile and a hand to others. She led her team through the COVID-19 pandemic with knowledge and grace resulting in three deficiency free infection control surveys. Lila's actions best demonstrate her commitment to our residents and team. Whether she is camping out onsite when the forecast indicates snow, feeding in the dining room or working side by side with our team, Lila is always there, and for that, we are grateful.

Sharon Schell, Resident Manager - 40 | Sharon's commitment to all of our tenants at the Ebenezer Independent Living building has been a steadfast example of what care is. She holds the provision of what is required for the safety and welfare of others. Her commitment to this standard and the care she displays is a consistent help to others

Pacific Regent Bellevue

Shirley Johns, CNA - 26 | Shirley has worked as a CNA and a housekeeper at Pacific Regent for 26 years. Even in her later years, her work ethic is absolutely extraordinary. Our housekeeping managers have all agreed that Shirley makes their day brighter and their work lighter. Shirley is often referred to as Mama Shirley in our community; she makes everyone feel that they are valuable to her, even when she needs to speak frankly to them regarding some diversion from Pacific Regent's culture and values. For holidays, she will often bring her homemade lumpia for associates to take home and share with their families. Shirley's eventual retirement will be a day of celebration for a work life well lived, but a difficult day for those of us who will miss her terribly! Thank you Shirley . . . you are one of the extraordinary people who make Pacific Regent a great place to work

Matvey Gindlin, Maintenance Director - 28 | Matvey came to Pacific Regent in 1993 as our Maintenance Director. He directed the maintenance department until he determined to step down from the responsibilities of a director and enjoy his work by directly helping residents thrive. Matvey's knowledge and longevity have proved to be an enormous asset to our building. We are thankful to have had the privilege of doing life at Pacific Regent with Matvey!



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Pacific Regent Bellevue (cont'd)

Francisco "Jose" Aguilar, Dishwasher - 29 | Francisco (Jose) has worked as a dishwasher in our kitchen for 29 years, coming to us from Nicaragua. Francisco works very hard in our kitchen making sure things are clean and dishes are ready for service to our residents. Francisco's sense of humor and team-minded attitude help us maintain the positive atmosphere in the kitchen that is so important to community morale. On a side note, Francisco formerly enjoyed raising chickens when he wasn't keeping things clean at Pacific Regent! Thanks for Francisco for his dedication and longevity to our community.

Rockwood South Hill

Bruce Burns, Systems and Plant Manager - 25 | Bruce started out in the Maintenance Department without many maintenance skills. What he did bring was a thirst for knowledge. Bruce was, and still is, someone who does every job with enthusiasm and needs to make sure it is done right! Bruce studied very hard and quickly had his city of Spokane 2nd Class High Pressure Boiler license. He worked very hard to obtain his two electrical licenses. He is a Certified Pool Operator. Backflow Assembly Tester. National Designation of 3rd Class Power Engineer. After being the Maintenance Supervisor for 20+ years, Bruce has taken on a new role at Rockwood. Bruce is now the System & Plant Manager. Dealing mostly with safety, policies and procedures.

Kim Cederholm, Activities and Transportation Director - 30 | Kim has added FUN to Rockwood South Hill. She's convinced many of us to participate in a program, or wear a costume in front of a very large audience! Kim is extremely creative, an intense planner, and an artist. Some of her recent successes include Mystery Theatre Dinners and Snowshoe Softball. Speaking of mystery, Kim invented the Mystery Trip genre, a long-time favorite with our residents. Besides activities, Kim also oversees the Transportation department and has contributed to the department's growth over the years. Kim is dedicated and conscientious as well as a ray of sunshine for our residents. We are truly blessed to have enjoyed her creative energy these past 30 years.

Lisa Barnes, NAC/Rehab Aide - 30 | 30 years of true service, to her residents and team members. Lisa is known by her quiet nature, but don't let that fool you. Her work as a rehab aide speaks at full volume. This conversation is marked by statements of dependability, calmness and most of all, service. Dependability is not just the intention of showing up; with Lisa, it is also knowing she takes whatever challenge comes her way calmly and without discussion or complaint, serving wherever and whoever she is assigned to. Lisa is known by a warm, genuine smile. We have been blessed for the entire 30 years of her service.

Tom Bishop, Environmental Services Director - 40 | Tom started his career in an entry level position and has worked his way up to oversee a department of carpenters, engineers, housekeepers and landscapers totaling 80 people. He also oversees capital projects throughout the community. He's seen and done it all throughout his 40 years. In the 1980s he laid out the lot lines for the development of 165 homes. In the 1990s he served as project manager for the expansion of skilled nursing and addition of memory care paces. More recently, he was involved in every step of the construction and opening of the Summit Tower, an 11-story addition with 65 independent living apartments. Tom's work ethic and dedication to doing the job the right way is a model for all of us to follow. When he isn't overseeing his large and complicated department, Tom can be found leading residents on a guided fishing excursion, or giving private concerts on his dulcimer. He truly lives our behaviors of excellence in terms of initiative, teamwork, empathy, courtesy and communications.

Toni Mitchell, Food Service Director - 40 | Toni is a shining star employee. Foodservice has been so blessed to have Toni at the helm of serving our residents in Assisted Living for 40 years! As Food Service Director, I consider myself blessed to have an employee like Toni that is truly committed to excellence in service. She is an incredible asset to our department and quite frankly, one of the hardest working folks we have on staff! Toni is consistent, reliable, and so tenacious about her work ethic. Toni has a heart of gold and holds the interest of the residents she serves above all else. She has tirelessly committed to showing up at 4 am, 5 days a week, all these years to serve the residents with such grace and gratitude. Toni is a model trainer for other food service staff. She exemplifies the mission and values of the organization in the work that she does. Toni holds herself and others to a very high standard of service. Toni has always been reliable, conscientious, and tenacious in her path of work. Rockwood is quite fortunate to have a staff member like Toni. She is definitely a gem and we appreciate her more than she will ever know!

Rockwood at Whitworth

Todd Collins, Security Officer - 25 | Congratulations Todd! On June 6th of this year you reached a coveted milestone anniversary at Rockwood at Whitworth. Twenty five years of service is something to be very proud of. Todd has not only served Rockwood, but more importantly he has served the residents of our community. His dedication as a security officer, as well as all the other tasks that he performs on a daily basis, has not gone un-noticed. It has been a pleasure working with Todd. We appreciate that he has always found a way to keep a smile on his face. It is comforting to know that we can count on him as a team player. It is evident to those he serves (both residents and team members), that he truly cares for everyone's safety. Thank you, Todd!



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Washington Odd Fellows Home

Selma Castillo, Laundry Supervisor - 30 | The Laundry Department runs like a finely tuned machine. This is the excellence that Selma brings to her job every day. The care Selma provides for the residents, as well as her team, is inspiring. This past year has brought many new challenges to our already demanding industry, and Selma has handled them all like a star. Her knowledge of our state of the art laundry equipment, ability to schedule during these difficult times and her loyalty and work ethic place Selma at the pinnacle of service.

Wesley Des Moines Health Center

Marlene Knoppi, Unit Secretary - 25 | Marlene is very helpful and organized. She lends a hand when asked, and is a great team player. Marlene is hard working, compassionate and takes pride in what she accomplishes. She is dedicated to her work and responsive to the needs of facility and the residents. Her co-workers appreciate all of her help and greatly respect her for everything she does.

Frank Harding, Building and Grounds Supervisor - 30 | Frank is loved by all who meet and/or work with him. He knows how to fix just about anything, and never says no to a challenge. The residents love him because he knows what makes them happy, like filling birdfeeders outside a resident's window so she can watch the birds; one of the many personal touches he provides to our residents. No matter what is going on, Frank never lets on that he is tired or frustrated. He is always smiling, and his sense of humor keeps everyone laughing.

Thank you

For all your hard work and dedication!!