



FROM THE DESK OF

DEB MURPHY - PRESIDENT/CHIEF EXECUTIVE OFFICER, MPA, JD

Thank you for considering LeadingAge Washington

Show your LeadingAge WA pride! Place the <u>association logo</u> on your homepage.

New staff or board members? Help them get to know us. Here's a reminder of your member benefits.

Who We Are | Contact List | Events | Communications | Savings | Collaboration

Who We Are

Essentially, we are the collective "you!" LeadingAge Washington has more than 165 <u>member communities</u> statewide, like yours, including CCRCs/LPCs, senior housing providers, assisted living, skilled nursing, and home and community-based services, such as, adult day. In addition, LeadingAge Washington has more than 100 <u>business partners</u> who provide services, products, and trusted advice to our members. The LeadingAge Washington office is in Tacoma, mid-point between most of our member communities and Olympia where policy is created.

Contact List

Supporting you at the Association is the following *staff*, who may be reached at (253) 964-8870 or via email provided below:

- <u>Deb Murphy</u>, President/CEO
- Alyssa Odegaard, Vice President of Public Policy
- Laura Hofmann, Director of Clinical & Nursing Facility Regulatory Services
- Cassi Meritt, Director of Member Data & Business Services
- <u>Lauren Emery</u>, Business Manager

Guiding the strategic plan and maintaining fiduciary oversight for the Association is a volunteer board comprised of leaders from member communities. The board meets quarterly to stay informed, offer insights into the challenges and opportunities confronting members, and to provide policy guidance. More information on both the staff and the board leadership may be found on our <u>website</u>.

What We Do

The *Association* provides advocacy, education, networking, and member services, and is the state partner for LeadingAge in Washington, DC. LeadingAge Washington collaborates with a multitude of organizations that share a common vision. Importantly, we created an opportunity for member communities to work together to establish quality standards and negotiate contracts and rates with managed health plans and other system payers under a separate LLC, LeadingCare Network NW.

Events

The Association offers a robust <u>education program</u> for staff at your community. The online calendar lists our current events for 2024. Our programs offer continuing education credits for Nursing Administrators, Human Resources professionals, and Accounting. Events for this year include a host of webinar series focused on topics like Dementia, Mental Health, Leadership & Management, Governance, and other provider type specific subjects. 2024 will also feature multiple in-person events like the Sales and Marketing Summit, Assisted Living Leadership Training, Activities, and many more!!

The LeadingAge Washington *Leadership Institute (LI)* is a four part program designed to develop statewide senior living and health care leaders from member communities. Our 2024 LI Program just kicked off in the second week of January. The 2025 LI applications will be available in late summer. We are currently in our 14th year of this program with, to date, a total of 229 graduation fellows!

The LeadingAge Washington <u>Annual Conference and Expo</u>, <u>Courage Ignited</u>, will be held in Spokane at the Davenport Grand Hotel, June 10th -12th. This is our largest education and networking event of the year with nearly 350 attendees annually. Please check out the <u>2024 Conference & EXPO</u> tab on our website for more information. Registration is set to open on April 1st. You won't want to miss it!



The LeadingAge Washington <u>Awards Program</u> celebrates models of excellence and leaders from within member communities that serve as inspiration for continuing excellence and accomplishment in our field. The awards ceremony is held during the week of our 2024 Annual Conference and EXPO. Please visit the <u>Conference & EXPO</u> tab on our website to learn more about how to submit a nomination(s) from your community. Applications for nominees will be available after March 1st.

The annual State Night Out brings together LeadingAge Washington, Oregon and California members for a purely social evening during the LeadingAge national Annual Meeting and EXPO. The 2024 State Night Out will be held, October 28th, during the LeadingAge Conference in Nashville, Tennessee. More information will be forthcoming this Summer/early Fall.

Communications

To keep you up to date, LeadingAge Washington regularly sends member emails as well as the *News Bulletin*, a bi-weekly broadcast of fiscal, policy, and regulatory news & analysis as it affects providers of senior housing, care and services. Please be sure you and your team are signed up to receive them by sending an email to *Cassi Meritt* with your staff members' name, title, and email address.

To keep our Group Retrospective members updated, we also send a quarterly <u>Group Retro-Risk Management Newsletter</u>. This includes articles on safety tips, safety, and regulatory updates, and claims management education. This newsletter is published in collaboration with Risk Finance, our third-party administrator.

The LeadingAge Washington <u>website</u> is updated regularly. Please be sure to bookmark our website where you may register for events, post job openings, search for other members, submit an award nomination, and more.

LeadingAge Washington keeps its social media pages updated. Be sure you and your community are following us on:

- Facebook
- LinkedIn
- Instagram

The LeadingAge Washington <u>member directory</u> provides essential contact information for all member communities and businesses. After membership has been approved, you may access this "Member Only" member directory when logged in to <u>Your Membership</u>. Please reach out to <u>Cassi Meritt</u> once membership has been established to obtain your username and password.

Member Opportunities

Scholarships

LeadingAge Washington offers *Scholarships* to further the professional development of your staff who have a passion and commitment to serving seniors in our member communities. There is a growing demand for senior living and health care services in a challenging workforce environment. The ability to provide quality services to seniors, in a compassionate and supportive manner, is highly dependent on a competent and dedicated workforce. Leading Age Washington, therefore, provides scholarships for the purpose of attracting and retaining talent in the field.

CMP Grants for Skilled Nursing

LeadingAge Washington partnered with *Music and Memory*, *ElderGrow Gardens*, *iN2L* iNSPIRE Program, SilverKite - Spark Boxes and MoreARTS, Cycling Without Age -TriShaws, PARO the Robotic Seal, Eversound and SAIDO Learning to obtain over \$4.7 million in *GRANTS*. These grant programs, together with our members' commitment to excellence, improve the lives of nursing home residents providing staff with additional tools and training. The grants are funded by the Centers for Medicare & Medicaid Services (CMS) and are part of the Civil Money Penalty Reinvestment Program (CMPRP). When nursing homes are fined for failing to meet federal health and safety standards, a portion of that money goes into a fund that is reserved for reinvestment in resident related projects. The CMPRP is a national effort to reduce adverse events, improve staffing quality and enhance dementia care in nursing homes.

Savings



HRS/Premier is the LeadingAge Washington preferred Group Purchasing Partner. Premier provides discounts for members on a comprehensive range of products and services including construction services, food, medical supplies, therapy, facility operations, furniture, equipment, technology, vehicle purchases and more. Contact HRS/Premier directly by calling Emily Hughes at (206) 294-8932 or for more

The Compliance Store is the only comprehensive online regulatory The Compliance Store Because Getting It Right Matters. compliance resource designed for long-term care. It provides access to upto-date regulatory and government agency information coupled with tools (policies and procedures, plan of corrections, program binders, care plans, staff development, etc.) to effectively comply and report. As a subscriber to the Compliance Store, your organization receives unlimited user access, training, support, and dedicated account management. LeadingAge Washington members are offered this powerful resource at the lowest available cost to anyone in the entire country. *As an association member, you receive a 33% discount* off standard pricing. For more information, please contact Lorrel Filliater at The Compliance Store.

information go to our webpage at Savings and Solutions Center

Group Retrospective Rating Program

LeadingAge Washington has sponsored a <u>retrospective rating program</u> since 1983. The



program has consistently been a **leader in refund performance**. Our program includes professional, experienced claims administration, litigation support, return-to-work support, and an onsite annual safety inspection. This program provides cost-effective group coverage, giving a financial incentive to increase safety awareness, reduce workplace

accidents and get more involved in minimizing the costs of the claims that do occur. In addition to helping earn retro refunds, it reduces experience factors and premium rates.

Please feel free to reach out to <u>Scott DeHem</u> to learn more about the LeadingAge Washington retro program and ways it can help you **save money** by lowering your upfront workers' compensation costs and **earning refunds** on the premiums you pay!

Emergency Preparedness

LeadingAge Washington works closely with Northwest Healthcare Response Network and REDi, the two healthcare coalitions for WA State, for coordinating emergency action alerts, testing, and training of your emergency preparedness disaster plans. We have access to tools and resources you will need for your planning purposes. *If you would like help reviewing your Emergency Preparedness plan, or completing a facility risk assessment, please contact* Laura Hofmann

Member engagement is essential and drives success in all we do on your behalf. We encourage you to join our policy cabinets, our advisory councils or other networking groups you can find more information here: <u>Cabinets, Councils, Advisory Groups, and Professional Networks page.</u>

We hope you will contact us with questions or comments you may have. And thank you again for your LeadingAge Washington membership and support.

We look forward to making a difference, together with you, in the field of senior living and health care and on behalf of those you serve, in 2024!



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