

The **MAIN**

**ATTRACTION**



**ACTIVITIES**

**THAT WORK**

This 4-week webinar series running weekly on Wednesdays October 4th through 25th will provide an in-depth review of the regulatory requirements and survey tips/strategies for Activities team members as well as inspirations and concepts for building effective, person-centered and worthwhile activities programs.

Sessions focus on meeting the regulatory, MDS and documentation requirements and on achieving quality activity programming for LTC residents, including dementia care and other special populations.

**WHAT TO EXPECT:**

Regulatory essentials, care planning & documentation guidance, required program components, program design & more!

**TARGET AUDIENCE:**

Activities team members

**CONTACT HOURS:**

One (1) contact hour each session; check your state association registration page for details on additional CE.

**PRESENTED BY:**



**Janine Lehman,**  
RN, RAC-CT, CLNC

Clinical Consultant specializing in survey preparedness and Director of Legal Nurse Consulting at Proactive LTC Consulting



**Cat Selman**

LTC Consultant and Activities Programming Expert

President/Owner at The Cat Selman Company

**QUESTIONS**

Email [kayla@proactivemedicalreview.com](mailto:kayla@proactivemedicalreview.com) or call 812-471-7777

# SERIES OVERVIEW

Webinars will  
begin at 12:30PM  
Eastern Time

## OCTOBER 4

### Regulatory Essentials and Survey Management for Activities

This first session will focus on the regulatory essentials for the activities department along with strategies for successful survey management. Join us for an in depth discussion of the regulatory requirements for the activities department along with extensive discussion of strategies for



## OCTOBER 11

### MDS, Care Planning & Documentation Requirements for Activities

This session will focus on Section F MDS Coding, CAA development, care planning and documentation requirements related to activities

## OCTOBER 18

### Required Components of the Activity Program

This session will focus on the development of an individualized, person-centered activity program, that is based on the Activity Assessment and Comprehensive Care Plan. Critical insights into key considerations for planning and implementing effective activities options will be covered.

## OCTOBER 25

### Designing and Formatting the Activity Program

This fourth session will focus on determining the appropriate format for activity programming that is designed to meet the individual needs of each resident, whether it be large group, small group, individual, independent, self-directed, or 1-1 sessions. Discussion will focus on enhancing your ability to develop appealing activity calendars and carry out substantive programming that meets the needs of your resident population.

# THANK YOU

to these Participating Associations

*LeadingAge*<sup>™</sup>  
Indiana

*LeadingAge*<sup>™</sup>  
Texas

*LeadingAge*<sup>™</sup>  
Washington