

## PRE-CONFERENCE MONDAY, JUNE 13TH, 2:30 - 5:30 P.M.

### ► Trauma Informed Care: Caring for the Whole Person

Events throughout our lives, both positive and negative, play a significant role in how we engage with the world around us. Trauma-Informed Care acknowledges the need to understand a person's life experiences in order to deliver effective care. It has the potential to improve engagement, treatment adherence, health outcomes, as well as provider and staff wellness. This critical realization led to the development of F-Tag 699: Trauma-informed Care.

During this training we will explore how understanding a person's trauma history aids in creating person-centered care plans and reduces re-traumatization. You will be able to recognize signs of trauma and Adverse Childhood Events, apply the 6 Principles of a Trauma-Informed Environment and even how to avoid Secondary Trauma. CNA's will be required to test to receive certification. This is a return engagement and the reviews were outstanding. Kristina has presented this training virtually this past year and we would like to offer an IN-PERSON opportunity to your staff while we are in Spokane.

*Trainer: Kristina Walker, Owner/President*

*For over 20 years, Kristina Walker has been engaged in Long-term Care; from Memory Care and Pharmacy, to Home Health and Recreational Therapy. She is a motivated advocate for seniors. For the past 13 years, she has been providing education to various healthcare disciplines in an effort to improve patient safety and quality of life. This past year she decided to re-focus her passions and start her own consulting business. In addition to her experience, Kristina draws on her study of Developmental Psychology, Dementia, Mental Health and Non-Pharmacological Interventions to help employees in LTC setting and to better meet their resident's needs by combining heart and knowledge.*

[www.walkerconsultingresources.com](http://www.walkerconsultingresources.com)

Room: 2

