## OUR SPECIAL GUESTS

## **KEYNOTE SPEAKERS**

Join us as we delve into the big ideas that are shaping the future of our organizations and the people they serve.



## Tim Richardson

Speaker, Author; The Power of the Pause: How a Reset Brings Sanity Back to the Workplace

Our workload and schedules are fast-paced and ever-changing. With work demands, project deadlines, and frequent meetings, leaders are hard pressed to find time for productivity pauses in their work and personal life. Strategic pauses build momentum and help prevent poor self-care, burnout, and even emotional health related issues - all influence productivity and employee turnover.

This presentation is about rebuilding workplace morale, teamwork, and a highly engaged staff. Tim will help you discover how pausing leads to "profits". He'll share research to support his presentation and ideas to help you lead well. This presentation will provide

tools and strategies to bring your workplace back – back to do what you do best - serving your customers, supporting each other, and

operating at peak levels.

More: https://timrichardson.com/about.html

