

# Benefit from Grant-Funded, Cutting-Edge Dementia Care Education and Consultation

## You are invited...

**Are you a Medicare/Medicaid participating nursing home in Washington State?** If so, you have a one-time opportunity to experience a unique CMP grant-funded project. Featuring a world-class faculty, this educational package combines online person-directed leadership and dementia care training with personalized coaching and consulting.

**Now, more than ever, we need the transformative power and potential of person-directed care.** COVID-19 has changed the landscape of skilled nursing care forever. Participants will gain the innovative tools necessary to drive sustainable, person-directed dementia care practices that support the reduction of antipsychotic use and deepen overall well-being for individuals living with dementia.

**Space in this project is limited to only 30 nursing homes, so reserve your spot now.** Participating homes will have the opportunity to experience the project in 1 of 2 ways: 1) Phase 1 alone; or 2) Both Phase 1 and 2.

### **PHASE 1: Education (March – December 2021)**

Each participating home will select 4 to 10 employees to serve as their project team. Each member of a project team will complete 6 online, self-paced courses (course breakdown on Page 2) in combination with joining project faculty for 4 LIVE virtual summits (90-minutes each).

Individual participants will have lifetime access to the online courses featured in this project, making it possible to review course content again and again, as needed. Courses are broken down into small, digestible bites of information. This makes learning easy and manageable, given the demands of nursing home life in the COVID era.

### **PHASE 2: Coaching and Consultation (January – October 2022)**

Only 10 of the original 30 nursing homes will advance into this phase of the project. Homes can apply to participate in this project phase. Selection will be based on each home's level of engagement during Phase 1 of the project. This group of 10 homes will experience 10 months of customized coaching and consultation with nationally renowned dementia experts Al Power, MD and Jennifer Carson, PhD.

The coaching experience will involve customized, one-on-one support for your organization, as well as the opportunity to gather virtually with other Phase 2 participating homes for problem-solving sessions. This way, participating teams learn from both their coach and other participating organizations.

## Your Faculty



**Al Power, MD**



**Jennifer Carson, PhD**



**Denise Hyde, Pharm D**



**Jill Vitale-Aussem,  
MMH, NHA**

## **Phase 1 of the project includes (all participating organizations):**

**Three online courses focused on the specifics of person-directed dementia care** and delivered by award-winning author and renowned geriatrician and dementia expert, Al Power, MD.

- [\*The Well-Being Approach: Creating a Life Worth Living with Dementia\*](#)
- [\*Decoding Distress: Proactive Strategies for Living Well with Dementia\*](#)
- [\*Reaching Beyond Antipsychotics \(Mini-Course\)\*](#)

**One online, mini-course focused on person-directed infection control** that will meet the current challenges of balancing infection control and quality of life.

- [\*Ready, Set, Blast into Person-Directed Infection Control \(Mini-Course\)\*](#)

**Two online courses designed to support sustainability of skills learned**, which together, feature the essentials of change leadership and a turn-key performance improvement model designed to help you successfully achieve your goals through high engagement of your team.

- [\*LeaderSHIFTS: Transform Your Mindset to Transform Your Organization \(Jill Vitale-Aussem, MMH, NHA\)\*](#)
- [\*GROWTH: Six Steps to Framing Lasting Change \(Denise Hyde, Pharm D\)\*](#)

**One turn-key DIY Education Kit** called *Reframing Dementia* for participants to use back in their organizations. This resource supports the application and sustainability of the person-directed dementia care skills learned.

### **In-person, 1-day Skill-Building Summit (*this event will be adapted for virtual delivery as needed*):**

The Summit will feature the entire project faculty in an interactive learning environment where participants share successes and explore challenges together. The goal of this event is to consolidate and crystallize learning and project take-aways from Year One activities.

#### **Required evaluation activities:**

- Pre and post test process for the full education package.

## **Phase 2 of the project includes (10 nursing homes, selection based on engagement):**

Ten select organizations will receive individualized coaching and consultation from thought-leaders and nationally renowned dementia experts Al Power, MD, and Jennifer Carson, PhD. Phase 2 activities include:

### **In-person discovery site visit** (1-day onsite for each of 10 organizations – *adapted to virtual format as needed*)

- Evaluate current practices related to dementia support and develop an action plan
- Devise plan of action for working together, regarding life for individuals living with dementia

### **Virtual individualized coaching sessions** (3 per organization, occurs every 2-3 months)

- Occurs every 2-3 months in between problem-solving sessions
- Organization-specific milestones and action items determined at end of each meeting

### **Virtual problem-solving sessions** (3 total over a year)

- All teams together – shared learning, facilitated by coaches
- Teams share successes, challenges, and potential solutions with each other

#### **Required evaluation activities:**

- Coaching and consultation satisfaction survey (per participant)
- QAPI storyboard for project goals (per organizational team)