

Standards of Care:

Master the Core Elements of LTC Clinical Excellence



LeadingAge
Washington

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This 12 month webinar series focuses on nursing facility systems of care and managing common conditions treated in the LTC setting. Each session addresses standards of care, staff training/competency focus areas, critical nursing assessment/ documentation principles, care planning guidance, recommended QA activities, and practical daily operations guidance with extensive use of case examples. Recordings of live sessions are included with the webinar purchase.

Proactive Training Team:

The Proactive clinical education team includes experienced health facility administrator, legal nurse consultant, compliance officer, MDS and reimbursement experts with backgrounds in multi-facility operations, contract therapy services, survey management, healthcare compliance, clinical program development, QAPI, and litigation support.

Learn more about our team at www.proactivemedicalreview.com



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Eleisha Wilkes
RN, RAC-CTA
Clinical
Consultant

What to Expect:

Develop skills for strengthening clinical systems and improving care quality.

Target Audience:

Nursing Home Administrators, Directors of Nursing, Nurse Managers, QA Director, MDS/RAI Team, Nursing Staff, Staff Development Coordinator, Compliance Staff, Department Heads, Corporate Leaders

NAB Approved Contact Hours:

One (1) contact hour each session; check your state association registration page for details on additional CE accreditations.

What to Expect Each Month:
Third Tuesday of every month | 11:00 a.m.

PROACTIVE
MEDICAL REVIEW

Standards of Care: Driving LTC Clinical Quality

JANUARY 19

Something Seems Off — Identifying Changes in Condition

Apply best practices for identifying, communicating, and monitoring changes in condition to ensure optimal resident outcomes and reduce hospitalizations.

FEBRUARY 16

Fall Prevention and Management

Apply concepts of effective root cause analysis for falls to improve care planning strategies.

MARCH 16

Reducing Infections in Long-Term Care Facilities

Review strategies to reduce infection rates and manage outbreaks with a focus on standards of care, staff competency focus areas, and critical nursing assessment principles.

APRIL 20

Care of the Dialysis Recipient

Review requirements specific to residents receiving in-house or offsite dialysis with guidance on pre and post treatment monitoring protocols.

MAY 18

Breathe Easy — Respiratory Care and Services

Meet standards for respiratory care programming including oxygen therapy, tracheostomy and ventilator care, and MDI and nebulizer administration.

JUNE 15

Skin/Wound Care, Pressure Ulcer Prevention

Examine skin management and wound prevention strategies, along with standards of care for preventing and treating pressure injuries/ulcers.

JULY 20

Depression, Anxiety and Trauma Informed Care

Manage depression and anxiety in the LTC setting and implement a trauma informed care approach.

AUGUST 17

Dementia Care, Behavioral Health, and Antipsychotic Reduction

Best practices for Dementia and behavioral health care and strategies for reducing antipsychotics through non-pharmacological interventions.

SEPTEMBER 21

Pain

Clinical standards and regulatory requirements related to assessment, management and documentation of pain, along with potential consequences of poorly managed

OCTOBER 19

End of Life Care — Hospice and Palliative Services

Understand the similarities and differences between hospice and palliative care, as well as effective systems for collaboration with hospice providers.

NOVEMBER 16

Nutrition, Hydration, and Weight Loss

Best practices for systems related to nutrition and hydration, and strategies for reducing weight loss in LTC facilities.

DECEMBER 21

Incontinence, UTI, and Catheters

Assessment and management of incontinence, catheter use, and the infection classification criteria for UTIs.

REGISTRATION OPEN!

Questions? Contact Cassi at cmeritt@LeadingAgeWA.org

The logo for LeadingAge Washington features the word "LeadingAge" in a green, sans-serif font, with a stylized heart shape integrated into the letter "i". Below it, the word "Washington" is written in a smaller, black, sans-serif font.



Standards of Care: Master the Core Elements of LTC Clinical Excellence

Session Title: Something Seems Off – Identifying Changes in Condition

Presentation Date: January 19, 2021

Presented By:

- Eleisha Wilkes, RN, RAC-CT, RAC-CTA, Clinical Consultant

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for identifying, communicating, and monitoring changes in condition to ensure optimal resident outcomes and reduce hospitalizations. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to identifying changes in the resident's condition
2. Understand the role of interdisciplinary team members in collaborating to manage complex conditions
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to change in condition
30 minutes	Considerations for best practices and care standards related to identifying, reporting, and monitoring changes in condition with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience: Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: Fall Prevention and Management

Presentation Date: February 16, 2021

Presented By:

- Janine Lehman, RN, RAC-CT, CLNC, Clinical Consultant

Contact Person: Amie Martin 812-471-7777 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for identifying fall risk, determining and implementing fall management interventions, and conducting an in-depth root cause analysis when a fall occurs. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to preventing and managing resident falls.
2. Understand the role of interdisciplinary team members in collaborating to prevent and manage resident falls.
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to fall prevention.
30 minutes	Considerations for best practices and care standards related to identifying fall risk, determining and implementing fall management interventions, conducting an in-depth root cause analysis when a fall occurs, and monitoring after a fall with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: Reducing Infections in Long-Term Care Facilities

Presentation Date: March 16, 2021

Presented By:

Shelly Maffia, RN, MSN, MBA, LNHA, CHC, QCP, CLNC

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for reducing infection rates and managing outbreaks with a focus on standards of care, staff competency focus areas, and critical nursing assessment principles. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to reducing infection rates and managing outbreaks
2. Understand the role of interdisciplinary team members in collaborating to reduce infection rates and manage outbreaks
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to Infection Prevention & Control
30 minutes	Considerations for best practices and care standards related to reducing infection rates and managing outbreaks with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1

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Standards of Care: Master the Core Elements of LTC Clinical Excellence

Session Title: Care of the Dialysis Recipient

Presentation Date: April 20, 2021

Presented By:

- Eleisha Wilkes, RN, RAC-CT, RAC-CTA, Clinical Consultant

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices specific to the resident receiving in-house or offsite dialysis with guidance on pre- and post-treatment monitoring protocols. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to the resident receiving dialysis
2. Understand the role of interdisciplinary team members in collaborating to manage complex conditions
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to dialysis
30 minutes	Considerations for best practices and care standards related to in-house vs. offsite dialysis administration and monitoring with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: Breathe Easy – Respiratory Care and Services

Presentation Date: May 18, 2021

Presented By:

- Eleisha Wilkes, RN, RAC-CT, RAC-CTA, Clinical Consultant

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for the provision of respiratory care and services including oxygen therapy, tracheostomy and ventilator care, and MDI and nebulizer administration. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to respiratory care and services
2. Understand the role of interdisciplinary team members in collaborating to manage complex conditions
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to respiratory care and services
30 minutes	Considerations for best practices and care standards related to assessment, respiratory medication administration, and condition monitoring with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care: Master the Core Elements of LTC Clinical Excellence

Session Title: Skin/Wound Care, Pressure Injury/Ulcer Prevention

Presentation Date: June 15, 2021

Presented By:

- Janine Lehman, RN, RAC-CT, CLNC, Clinical Consultant

Contact Person: Amie Martin 812-471-7777 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for assessing skin, preventing, identifying and treating wounds, and monitoring changes in skin condition to ensure optimal resident outcomes. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to identifying and treating changes in the resident's skin condition.
2. Understand the role of interdisciplinary team members in collaborating to prevent pressure injuries/wounds from developing.
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to preventing and treating pressure injuries/ulcers.
30 minutes	Considerations for best practices and care standards related to identifying, reporting, treating, monitoring, and documenting pressure injuries/ulcers with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: Depression, Anxiety, and Trauma Informed Care

Presentation Date: July 20, 2021

Presented By: Shelly Maffia, RN, MSN, MBA, LNHA, CHC, QCP, CLNC

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for managing depression and anxiety in the LTC setting and implementing a trauma informed care approach. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to managing depression and anxiety in the LTC setting and implementing a trauma informed care approach.
2. Understand the role of interdisciplinary team members in collaborating to manage depression and anxiety and implement a trauma informed care approach
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to depression, anxiety, and trauma-informed care
30 minutes	Considerations for best practices and care standards related to managing depression and anxiety in the LTC setting and implementing a trauma informed care approach with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: Dementia Care, Behavioral Health, and Antipsychotic Reduction

Presentation Date: August 17, 2021

Presented By:

Shelly Maffia RN, MSN, MBA, LNHA, QCP, CHC, CLNC

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for dementia and behavioral health care and strategies for reducing antipsychotics through non-pharmacological interventions. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to dementia and behavioral health care and strategies for reducing antipsychotics through non-pharmacological interventions
2. Understand the role of interdisciplinary team members in collaborating to manage behaviors and reduce the use of antipsychotics.
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to dementia, behavioral health, and antipsychotic use
30 minutes	Considerations for best practices and care standards related to Dementia and behavioral health care and strategies for reducing antipsychotics through non-pharmacological interventions with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: What to Do When It Hurts – Pain Identification and Management

Presentation Date: September 21, 2021

Presented By:

- Janine Lehman, RN, RAC-CT, CLNC, Clinical Consultant

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for identifying, monitoring and managing pain, with focus on standards of care and staff competency focus areas. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to identifying, monitoring and managing pain.
2. Understand the role of interdisciplinary team members in collaborating to manage pain.
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to pain.
30 minutes	Considerations for best practices and care standards related to identifying, monitoring and managing pain with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience: Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: End of Life Care – Hospice and Palliative Services

Presentation Date: October 19, 2021

Presented By:

- Eleisha Wilkes, RN, RAC-CT, RAC-CTA, Clinical Consultant

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices related to end of life care. We will identify the similarities and differences between hospice and palliative care and review effective systems for collaboration with hospice providers. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to end of life care
2. Understand the role of interdisciplinary team members in collaborating to manage terminal conditions
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to end of life and hospice services
30 minutes	Considerations for best practices and care standards related to palliative care vs. hospice care with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1



Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: Nutrition, Hydration & Weight Loss

Presentation Date: November 16, 2021

Presented By:

- Shelly Maffia RN, MSN, MBA, LNHA, QCP, CHC, CLNC

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for systems related to nutrition and hydration, and strategies for reducing weight loss in LTC facilities. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to systems related to nutrition and hydration, and strategies for reducing weight loss in LTC facilities.
2. Understand the role of interdisciplinary team members in collaborating to manage systems related to nutrition and hydration, and reducing weight loss in LTC facilities.
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to nutrition, hydration, and weight loss
30 minutes	Considerations for best practices and care standards related to nutrition and hydration, and strategies for reducing weight loss in LTC facilities with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience:

Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1

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Standards of Care Series: Master the Core Elements of LTC Clinical Excellence

Session Title: Incontinence, UTIs, and Catheters

Presentation Date: December 21, 2021

Presented By:

- Janine Lehman, RN, RAC-CT, CLNC, Clinical Consultant

Contact Person: Amie Martin 812-431-4804 amartin@proactivemedicalreview.com

Proactive Medical Review and Consulting

Course Description:

This session will review regulatory requirements and best practices for identifying, monitoring and managing incontinence, UTIs and catheters, with focus on standards of care and staff competency focus areas. Through lecture and case study analysis we will identify critical nursing assessment and documentation principles to apply in your daily practical operations to promote resident well-being and minimize potential risks.

Learning Objectives

1. Describe best practices for implementing and/or improving critical nursing assessment and documentation practices pertinent to identifying, monitoring and managing incontinence, UTIs and catheters.
2. Understand the role of interdisciplinary team members in collaborating to manage incontinence, UTIs and catheters.
3. Describe a process for establishing priority QAPI and Staff Development activities

Course Content

15 minutes	Review of regulations and interpretive guidance relating to incontinence, UTIs and catheters.
30 minutes	Considerations for best practices and care standards related to identifying, monitoring and managing incontinence, UTIs and catheters with case studies.
10 minutes	Strategies for effective staff development and QAPI activities
5 minutes	Closing Comments/ Q&A

Target Audience: Directors of Nursing, Nurse Managers, QA Directors, MDS/RAI Team, Nursing Staff, Staff Development Coordinators, Compliance Staff, Department Heads, Nursing Home Administrators, Corporate Leaders

Instructional Level: Intermediate

Contact Hours: 1