



Thank you for your interest in participating in the Nurses Improving Care for Healthsystem Elders (NICHE)-Long Term Care (LTC) program. We are pleased to offer three years of NICHE membership to 30 Washington State nursing homes with grant funding from the Civil Monetary Penalty program. With this application, you are committing your organization to participate in the NICHE-LTC program for the duration of the three-year grant.

NICHE will confirm participants accepted into the grant no later than April 1, 2020. The NICHE Leadership Training Program will begin with a one-hour webinar on **April 22, 2020 at 11 a.m. P.T.**

Please complete this application, ensuring that your facility team only submits one application and that all questions are answered, **as soon as possible but no later than March 20, 2020.**

We are excited to work with you to achieve your nursing quality improvement goals!

With best regards,

Jen Pettis

Mattia Gilmartin

Eileen Sullivan-Marx

NYU Meyers College of Nursing

Nursing Improving Care for Healthsystems Elders



NYU

RORY MEYERS
COLLEGE OF NURSING

Facility Information

Name

Mailing Address

Number of Certified Beds

State Survey Region

Region 1 (Counties include Adams, Chelan, Douglas, Ferry, Grant, Klickitat, Lincoln, Okanogan, Pend Oreille, Spokane Stevens, Whitman Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Walla Walla, and Yakima)

Region 2 (Counties include Island, San Juan, Skagit, Snohomish, Whatcom, and King)

Region 3 (Counties include Kitsap, Pierce, Clallum, Clark, Cowlitz, Jefferson, Grays Harbor, Lewis, Mason, Pacific, Skamania, Thurston, and Wahkiakum)

Ownership status (choose one)

For-Profit

Non-Profit

Government

Five-Star Quality Rating Information (Rating as of January 2020) (Please Choose One)

| | 1 | 2 | 3 | 4 | 5 |
|--------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Health Inspection Rating | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Staffing Rating | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Quality Measure Rating | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Overall Rating | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Facility Leadership Information

Administrator email

Administrator phone number

Administrator tenure (Years, Months)

Director of Nursing name

Director of Nursing email

Director of Nursing phone number

Director of Nursing tenure (Years, Months)

NICHE Program Leadership Information

The NICHE Coordinator serves as a mentor, coach, and the day-to-day leader responsible for putting the NICHE program into practice in your nursing home. The NICHE Coordinator is the point of contact to receive information from the NICHE office in New York. We recommend that the NICHE Coordinator commit to serving in the role for at least one year.

Please designate one staff member to serve as the NICHE Coordinator and one person as his or her back-up.

NICHE Coordinator name
and title

NICHE Coordinator email

NICHE Coordinator
phone number

NICHE Coordinator
(back-up) name and title

NICHE Coordinator
(back-up) email

NICHE Coordinator
(back-up) phone number

Readiness for NICHE Assessment

The next set of questions is a guide to help you determine if your LTC organization is ready to implement NICHE-LTC. Please select yes or no for each question.

Would your nursing staff, including CNAs, LPNs, and RNs, benefit from educational programs that enhance their knowledge of caring for older adults?

Yes

No

Do quality measure, quality reporting program, and/or healthcare policy trends indicate a need for changing the way your organization provides care to older adults?

Yes

No

Would your organization welcome a nurse-led initiative to promote evidence-based care to older adults?

Yes

No

Does your organization have a vision or goal to provide exemplary care for older adults?

Yes

No

Does your organization have current staff who possess the leadership skills to move a NICHE initiative forward?

Yes

No

Is your organization receptive to collaborating with nurses who are experts in the care of older adults and quality improvement?

Yes

No

Is your organization willing to undergo a period of self-assessment that will lead to specific quality improvement plans related to geriatric care?

Yes

No

Can you generate support among a critical number (3 - 4) nursing staff for improving geriatric care?

Yes

No

Are your organization's senior managers and leaders willing to dedicate resources, including time and staff, needed to carry out changes necessary to improve care for older adults?

Yes

No

Do you have a nurse leader who can help organize and deliver continuing education programs?

Yes

No

Quality Improvement Project

During the Leadership Training Program your team will design and implement a clinical quality improvement project focused on two quality improvement areas, including at least one of the “Three Ds of Mentation,” dementia, delirium, or depression. The quality measures that NICHE will use to evaluate the success of the project are listed beside each of the care areas in the chart below. **Please choose at least one of these areas. You may choose two of these areas or you may choose one of these and an additional clinical area of your choice.**

Dementia

- Percentage of short-stay residents who got antipsychotic medication for the first time
 - Percentage of long-stay residents who got an antipsychotic medication

Depression

- Percentage of long-stay residents who have symptoms of depression

Delirium (Note: We believe this is closely associated with detecting subtle changes in resident status and have, therefore, chosen acute care transfers as a proxy for it. If your team would like to focus on any of these measures, please select this item.)

- Percentage of short-stay residents who were re-hospitalized after a nursing home admission
 - Percentage of short-stay residents who have had an outpatient emergency department visit
 - Number of hospitalizations per 1,000 long-stay resident days
 - Outpatient emergency department visits per 1,000 long-stay resident days

If you chose only one of the above areas, please indicate **up to three** clinical quality improvement areas on which you might choose to focus your clinical change project plan in consultation with the NICHE faculty and mentors.

Falls/Gait/Mobility

Pain Assessment

Pain Management

Oral Care

Skin and Wound Care

Family Caregiving and Education

Nutrition and Hydration

Medication Safety and Management

Mental Health Trauma Informed Care

Physical Functioning

Physical Restraint Reduction

Infection Control

Sleep

Urinary Incontinence

Bowel Incontinence

Palliative Care/Advanced Care Planning

Discharge Planning/Care Coordination/Care Transitions

Other (please write in)