

SHIP Project

Health Enhancement Program
Senior Wellness Project

Elderhealth NW South Branch
Candace Goehring

Measure Comparison

06/01/2004 - 03/13/2006

	Improved		Maintained		Declined	
Self-Rating of Health	6	40.0%	7	46.7%	2	13.3%
Confidence to exercise	8	57%	6	43%	0	0%
Confidence to talk with physician	4	28.6%	9	64.3%	1	7.1%
Activities of Daily Living	5	35.7%	9	64.3%	0	0.0%
Social Activity Score	0	0.0%	7	100.0%	0	0.0%
Drinks per Day	0	0.0%	15	100.0%	0	0.0%
Days with 5 or more drinks	1	6.7%	14	93.3%	0	0.0%
Cigarettes smoked per day	1	6.7%	14	93.3%	0	0.0%
Geriatric Depression Scale Score	12	80.0%	3	20.0%	0	0.0%
Geriatric Anxiety Scale Score	9	60.0%	3	20.0%	3	20.0%
Pace score	11	73.3%	4	26.7%	0	0.0%
Timed Up-and-Go Score	11	78.6%	2	14.3%	1	7.1%
Walking Score	8	53.3%	7	46.7%	0	0.0%
Mobility	8	57.1%	6	42.9%	0	0.0%
Nutrition Screening Score	6	40.0%	6	40.0%	3	20.0%
Decrease Weight	6	42.9%	3	21.4%	5	35.7%
Increase Weight	5	35.7%	3	21.4%	6	42.9%
Maintain Weight			3			
BMI	7	50.0%	2	14.3%	5	35.7%
Number of falls in past year	4	26.7%	11	73.3%	0	0.0%
Days of restricted activity from falls	1	6.7%	14	93.3%	0	0.0%
Times per week with urine trouble	3	20.0%	10	66.7%	2	13.3%
Incontinence limits social activity	1	6.7%	13	86.7%	1	6.7%
Use of prescription medications	1	7.1%	11	78.6%	2	14.3%
Use of psychotropic medications	1	7.1%	13	92.9%	0	0.0%
MMSE Score	5	35.7%	5	35.7%	4	28.6%
Chosen Challenge	0	0.0%	14	100.0%	0	0.0%
Three Item Recall	2	14.3%	11	78.6%	1	7.1%



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Issue Outcomes Summary

06/01/2004 - 03/13/2006

Issue	Total	Improved	Maintained	Declined	Can't Determine
Social Activity	4	2	2	0	0
Smoking	2	0	2	0	0
Exercise	6	4	2	0	0
Nutrition	2	1	0	1	0
Grand Total:	14	7	6	1	0
		50.0%	42.9%	7.1%	0.0%

32 issues