Adult Day Services Program Manager
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Safety and Health Improvement Project (SHIP)
Meeting 09/23/05
WADSA Quarterly
CHRONIC CONDITIONS

- Provide healthier outcomes for people with chronic conditions.
- Protect limited resources.
- Improve cost efficiencies.
- Seek better methods and better integration of services.

PROJECT GOALS

- With an end date of May 2006.
- Initiated June 2004 and is a two year project.

SHIP PROJECT OVERVIEW
falls and injuries
conditions and hospitalizations (pneumonia,
Evaluatable for avoidable or preventable
Adult-Day Health (ADH) services.
Adult Family Homes (AFH) and receiving
services to Medicaid recipients residing in
the viability of enhanced coordination of
To meet those goals the SHIP project will test

Project Methodology
Programs designed by the Senior Wellness Project and the Health Enhancement Program. These interventions are designed to improve physical conditioning, decrease fall risk, and develop a participatory driven wellness. One of the primary interventions being applied in the SHIP Project to help achieve these goals are the Lifetime Fitness Program.
LFP and HEP

Lifetime Fitness Program

Health Enhancement Program

Client centered wellness goals and interventions to achieve those goals

Sit to stand

Walking

Arm curls

Smoking cessation, improved socialization
Currently we have 22 clients currently enrolled in the project:

- 6 at Active Day ADH
- 19 at ElderHealth NW

Total Clients Enrolled: 25
perspective.

Vignettes for SHIP project clients fit into this
and AFH clients. Some of the success story
daily life can be a major milestone for ADH
would perceive as inconsequential in their
a major accomplishment. What most people
clients is that even the smallest of successes is
discussion of the achievements of ADH

A common perspective surrounding the

SHIP Project Success Story Vignettes
Per capita cost savings = 63.59%

Overall cost savings = 58.75%

Program sites:

These percentages are the average of the two

Expenditure data

Cost savings based on two quarters medical
Participating modifications to meet the abilities of the ADHD program. Although successful, the implementation has required adjustment.

Other MODIFICATIONs of the LFP. Program AFH provider participation and involvement with ADHD providers and adaptation of activity into AFH activity.
Other centers and expansion of project

Determine viability of application of SHIP at outcomes

Measurement of LFP and HEP client expenditure cost savings

Continued measurement of medical capacity of the project

Continue to enroll clients to maintain total

Next steps