





# **Bayview Retirement Community—Seattle**

**Michael Sipes, Dishwasher - 25** | Michael has been a dedicated employee and intricate part of our food service team for many years. He is a big team player and is always assisting others in the kitchen and dining room. His most important role for our team is inventory controller and is responsible for putting away all stock delivered and rotating appropriately. This ensures that residents are getting the safest and freshest products at all times. He knows the kitchen like the back of his hand and has assisted numerous new employees, chefs and managers learning their way around the kitchen. We are proud to have him as part of our team!

### Cristwood Nursing & Rehab Center—Shoreline

Kathy Hill, RN - 25 | She excels at building positive relationships with the residents. She enjoys singing with them and knows their personal histories and families. Kathy supports her caregivers as well and is a strong advocate for her residents and caregivers. She takes her job seriously, communicates well with other staff and often has excellent suggestions on how to improve the care of the residents. Staff report that when they see Kathy is working they know she will get the job done and do it well.

**Kerstin Sartin, NAC/Restorative Aide - 25** | Kris loves to talk with residents while they are doing programs and they look forward to the time they spend with her every day. She is always willing to help out the caregivers and excels at being a team player. Kris is very flexible and is willing to do whatever is needed to provide the best care for the residents. She has good insights to the residents in her care and is quick to share suggestions to nursing staff. She is very sensitive, kind and patient. Kris is very dedicated to her residents and to Crista.

**Phoebe Lapinid, Assisted Living Attendant - 25** | Phoebe considers her job to be a ministry and loves feeling like she has made a difference in the lives of the seniors that she serves. She loves to do things that add that little extra "something" like making sure the residents look nice when they go to meals or hosting a tea party as a special social event. Creating a home-like environment is important to Phoebe and Crista has been fortunate to have her.

**Sitha Heng, NAC - 26** | Sitha is a very hard worker and has a difficult section with challenging residents. She consistently provides high quality care to these residents day after day without complaint. Many residents ask to be on her section because she takes such good care of them. She picks up extra shifts because she wants to make sure her residents are well-cared for. Sitha is very gentle and thorough and kind and really cares about her residents. Sitha's co-workers speak highly of her skills and kind words.

**Barbara Yeadon, Assistant Cook - 30** | Barbara is highly respected by her fellow co-workers and strives to get the job done and do it well. She has picked up extra shifts when we were short staffed and has even done 2 roles at once. She strives to ensure that the special dietary needs in each resident's life are met on a daily basis. Thank you Barbara for all you do for our residents.

**Brenda Pearson, LPN - 30** | Brenda started as a NAC and currently works as a treatment nurse. She is always flexible and willing to do whatever she is asked to help. She sees what needs to be done and willingly jumps in to help another staff member or a resident. She always has a positive and flexible attitude. One of the nurses who works closely with her reports that Brenda is a loyal and committed nurse who blesses our staff and patients every day.

**Esmeralda Granados, RN - 30** | Emy, as she is called, works on the Memory Care neighborhood. Emy has chosen to remain on this neighborhood as a medication treatment nurse because she loves giving direct patient care. She enjoys the challenges and rewards of working with residents who have dementia. An NAC reports that you can tell when Emy is working because the neighborhood is calm and quiet and peaceful. Emy is nearly unflappable as she can handle any difficult situation that comes up. Emy is extremely organized and efficient and is an excellent nurse.

**Jeannette Acheson, Office Manager - 30** | Jeannette is deeply committed to the welfare of Cristwood Park and its residents. She is an exceptional Office Manager with great organizational skills. Her attention to detail is impressive and her willingness to go the extra mile is inspiring. She keeps things running smoothly in the office. She shares thoughtful insight with others and looks for opportunities to improve processes and efficiencies. Aside from the many administrative skills that make Jeannette a great Office Manager, she is also committed to serving the residents. Jeannette truly cares for others. She is tender-hearted, thoughtful and she never misses an opportunity to celebrate or encourage those around her!



# Cristwood Nursing & Rehab Center—Shorline (continued)

**Meei Chang, Unit Clerk - 30** | Meei began work as an NAC and has worked many years as a Unit Clerk. Meei chooses to keep her NAC license current so she can help out on the busy Memory Care Neighborhood any way she can. She is thoughtful and kind and willing to do anything that is needed to care for a resident. She is extremely organized and efficient and always willing to help out on other neighborhoods as a unit clerk. Meei does a thousand little things behind the scene that keeps the neighborhood running smoothly and efficiently.

**Pamela Lynch, DNS - 30** Pamela started at Crista NC straight out of nursing school at WSU. Pamela's sensitive caring, compassionate heart was uniquely fitted for the special care unit where she served initially as a primary care nurse and later on the same unit as the case manager. In time she became a house supervisor on day shift and has recently become the Director of Nursing. Pamela has already proven to be a strong leader who nurtures staff. Her favorite words are "I want you to think outside the box".

### Exeter House—Seattle

**Concepcion (Connie) Babasa, CAN - 25** Connie is a very principled person and someone you can trust to do the right thing for our residents. She is very organized and has our residents' best interest first and foremost in her mind at all times. She believes that getting the job done and demonstrating that we care is part of a great work environment. Connie portrays the right balance between the two and consistently delivers high performance. Her residents are very happy when she is assigned to take care of them because she gives of herself to ensure her residents are comfortable and their needs are being met.

Janice (Andi) Olson, Server/Hair Salon - 45 | Andi has been a member of our wait-staff team for decades and knows our residents well. She treats them like family and is always looking out for their best interest. She also is a hair stylist and runs the Hair Salon at Exeter House. Residents rave about how she pampers them and makes them beautiful. Her smile brightens a room and she shares her loving spirit with residents and other team members.

### Foss Home and Village—Seattle

**David Crouch, President/CEO - 25 |** David brings to his profession and to Foss the highest degree of maturity, competence and professional standards. He carries out his responsibilities in a timely and ethical manner. He always has the best interest of the residents and staff as a top priority with doing all he can to keep Foss on a solid financial basis. We are grateful to David for he is one of Foss' biggest assets.

**Elsa Ramos, NAC - 25** | Elsa provides quality care to our residents with compassion, respect and dignity. She is well liked by residents, families and at the same time is a good mentor to other staff. She is an asset at Foss and we thank her of her dedicated service.

Luzmila Jimenez, RN - 25 | Luzmila possess excellent assessment and communication skills. She documents appropriately and initiates follow up plans. She provides excellent supervision and directions to the NAC staff. We thank Luzmila and are very happy to have her at Foss.

**Rosa Campos, NAC - 25** | Rosa organizes her work well, and has great resident assessment skills. She is a hard worker and has a good relationship with her co-workers. Residents are fond of Rosa because of her good sense of humor. Foss is fortune and we thank Rosa for her 25 years of service.

**Violet Baharloo, RN - 25** Violet is thoughtful, conscientious in caring for our residents and makes every effort to meet their individual needs. She has good team work skills and communicates effectively with her co-workers. We are honored and thankful to have Violet at Foss.

Sue Abrams, RN - 30 | Sue began her career at Foss as an LPN., now a RN, she works as a primary nurse on the evening shift. She maintains professionalism during interactions with families, physicians and other team members. Her excellent clinical and supervisory skills ensure quality care for our residents. Thank you Sue for your 30 years of service. Cary Meicho, Receptionist - 35 | Cary has been a valued employee at Foss and continues to provide compassionate, loving care to our residents. She also continues to be a joy to work with, as she genuinely cares deeply for all of us who are fortunate enough to work alongside of her. Cary, we once again thank you for your unselfish service to Foss.

# Garden Village—Yakima

Alice Walker, Housekeeping Lead - 30 | Alice's work ethic is obvious to anyone who observes her anywhere within the organization. If we had no help Alice would have no hesitation to jump in and work until everything is accomplished. From the crack of dawn to sunset of every day Alice is willing, able, dedicated, loyal and committed to serve the residents whose lives we have been entrusted any time, any shift and any day. From the perspective of co-workers she is respected primarily due to her work ethic, she will do whatever she asks of anyone else and more. Her motto is "do it right the first time" instead of having to do something over and over until it is right. She's rough around the edges and comes off like a "biker chic" but she has a soft side for her residents. She's all about work now, play later!! She also tells it like it is without sugar coating it, more like with sandpaper ~ but she gets her point across. She gets her work done and then some. When they are short she never hesitates to help out to get the work done!





### Garden Village—Yakima (continued)

Pauline Davis, Medical Records Director - 43 | Pauline began her working career as an NAC. Almost immediately the administrator gave additional duties which Pauline accepted as a challenge and conquered every task that was given to her. For many folks employment is work, for Pauline it is a mission. She arrives each day around 4 a.m. and is greeted by residents and staff. She has always maintained her NAC Certificate which allows her to help with any resident care needs as required during the course of her day and especially useful during the initial hours when residents are waking up. She is the go to person for ANYTHING to do with medical records!! She is very knowledgeable and knows her stuff!! She has a way with our difficult residents who ask for her when she is gone! She always gets her work done and does what she says she will do. She always has paper work ready for Dr. Emmans as well as a sandwich upon his arrival every Tuesday. She goes above and beyond with her work. She tells it like it is with NO sugar coating. She jumps in to help out when there's a crisis, i.e. sending people to the ER, altercations, falls, etc...She's the jack of all trades!!

#### Hearthstone, The—Seattle

**Jaswant Singh, Warewasher - 25** | Jaswant came to the Hearthstone after 20 years of working as a supervisor of the mechanics for Greyhound Bus Lines. He took a couple years off before deciding to apply for a fulltime warewasher positon at the Hearthstone. He and his wife, Chandra , have been married over 40 years and they have raised two wonderful children ~ their son, Suder, a physician who specializes in infectious diseases and their daughter, Ragni Kevita, a Senior Systems Analyst. Jaswant cares for the residents and is proud to be a part of the Hearthstone team.

**Roger Weinman, Maintenance Engineer - 25** | Roger has a "servant's heart and his unflappable temperament helps him handle unexpected work problems. He laughs a lot, enjoys solving problems, is innovative and looks for the most efficient ways to do things. Roger recognizes that the Hearthstone is "home" for the residents and has developed many friendships with them over the years. When the residents call Maintenance and request service, they will specify...."Send Roger!"

**Sashil Pillay, Dining Room Manager - 25** | Sashil started her first job at the Hearthstone as a Hostess in the Dining Room. She instantly loved being with the residents and included them as part of her extended family. She loves to share life stories, give hugs of encouragement and to help the residents. During her years of employment at the Hearthstone, she has been promoted three times and has established many valued friendships with residents and co-workers. As Dining Room Manager, Sashil is busy teaching wait staff and creating a welcoming and pleasant dining experience for Hearthstone residents and their families.

Lance Axness, Director of Safety - 38 | In 1977, Lance began working at the Hearthstone as a painter. His first project was painting 17 apartments in the "infirmary." Over the years, he has worked on the Building and Strategic Planning Committees, driven the passenger van and served as the Director of General Services and IT. Lance currently serves as the Director of Safety and has worked hard to instill a "safety" mindset with Hearthstone staff. His friendly demeanor and sense of humor are enjoyed by residents and staff alike.

#### Josephine—Stanwood

**Sherry Platt, MDS Nurse - 25** | Sherry's dedication to Josephine and compassion for our residents is a wonderful example for all of us. She is truly committed to our elderly and a professional caregiver to be proud of.

**Susan Secord, Purchasing - 25** | Radar on the hit TV series M\*A\*S\*H\* has nothing on Sue. Sue orders and stocks everything from pens for the offices to briefs. "On time and in budget" is her motto. She is a wonderful co worker.

**Pam Porter, Housekeeper - 26** | Pam is always cheerful and is always ready to help. She serves our residents though ensuring their rooms are clean and comfortable. A little shy but you can tell she is smiling inside.

**Sharon Johnston, Driver - 26** | Drive, drive, drive! Sharon is our driver who is always in high demand. For many years she has safely and courteously taken our residents to appointments and outings.

Sandi Castano, Medical Records Director - 30 | Sandi is a wiz with medical records. As supervisor of health information she leads her team with a positive attitude and diligence. She is quite possibly the most good hearted soul I have every met.

Sheila Wright, Assisted Living Administrator - 30 | What a positive leader! She has always been dedicated to Josephine but what she has accomplished over the last two years in the Suites is amazing. She personifies a leader who exudes confidence and compassion.

#### Judson Park—Des Moines

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**Peling Hartke, Nursing Assistant - 25** | Peling is a versatile team member. She has worked in Assisted Living and Skilled Nursing. She has a passion for building trusting relationships with our residents. She is a mentor and role model to her colleagues.

**Laurie Gouin, Housekeeping/Laundry Assistant - 30 |** Laurie is a manager that you can count on to get things done. She values the contributions of each team member and is able to bring out the best in everyone. She is a steady and welcoming presence at Judson Park.

**Fay Tankersley, Driver - 40** | In spite of everyone's protests, Fay has transitioned from a full time driver to on-call. When Fay comes in the building, everyone gathers around to greet her. Residents and team members love Fay for her kindness, fun-loving attitude and genuine caring for those she cares for.

# Kenney, The—Seattle

**Fely Condon, NAC - 30** | Fely (Fay-lee) is a dependable, hard working, dedicated employee. She always has a smile on her face and works in such a way that the residents needs are put above all else. She is quiet and reserved yet powerful and purposeful in her work. The Kenney is a better place because of her contributions. We are lucky to have such a wonderful person on our team!



Northaven Retirement—Seattle Darlene Storti, Executive Director - 27 | During Darlene's time at Northaven she has had the titles of Activity Director, Assistant Administrator, Director of Assisted Living and her current title of Executive Director. Regardless of what title she might hold at the time she never forgets what it means to work on the front lines caring for residents, families and employees. Her passion for quality, dignity for all residents, and person centered care informs the decisions she makes each day. Darlene is a leader who is not afraid to get in the middle of whatever needs to be done to care for the 250+ residents of Northaven Independent Living and Northaven Assisted Living...and usually with a smile! Under her leadership Northaven has continued to thrive and maintain a stellar reputation as an innovative community that does not back away from the challenges of providing not-for-profit affordable housing, compassionate care and community services to improve the quality of life for older adults. All of us at Northaven find it a privilege to

work with her and we are very proud of her work with LeadingAge.

# Park Shore—Seattle

**Julia Snowden, NAC - 30** As a child in a very small town in Arkansas, Julia was taught to "respect your elders" and on very hot days, her mother would send her to check on elderly neighbors to make sure they had cold water, food, and were managing okay in the heat. She has maintained that sense of duty for the last 30 years at Park Shore where she works as a nursing assistant in the nursing home. Julia brings to Park Shore an unparalleled level of compassion, competence, knowledge, and humor as she works with our nursing home residents. She approaches the job with a professional "no nonsense" attitude that inspires confidence in the residents and engenders respect from family members and coworkers – she is one of those nursing assistants who can easily work with even the most challenging residents. Julia says that she learns from the residents every day and develops close relationships with many. She also truly enjoys the people with whom she works. And, when asked why she has been at Park Shore so long, Julia offers "I like what I do – that's why I am here."

# **Rockwood Retirement Communities—Spokane**

**Dave Thomas, Custodian - 30** | Dave knows all the residents and all the residents know and love Dave. In his 30 years, he certainly knows the campus and our buildings like the back of his hand. He willingly helps out in countless ways and is very handy repairing equipment in the housekeeping department. We appreciate Dave's 30 years of commitment to Rockwood Retirement Communities!

#### Tacoma Lutheran Retirement Community—Tacoma

**Sokhum Chun, Housekeeping - 30** Sokhum is a great team player, always willing to give assistance to any in need and has great attendance. Sokhum is a very kind, humble courteous and compassionate individual and always treats our residents with the greatest level of respect and dignity. She is always friendly and happy with whomever she encounters, which makes others feel good when they interact with her. Sokhum does a beautiful job cleaning rooms, she is detail oriented and doesn't miss a spot when getting them ready for the next guest. TLRC is grateful for the many years of service Sokhom has provided our facility. It is truly an honor to have her on our team!

# Wesley Homes—Des Moines

Luzvilla "Belle" Mata, CAN - 25 | Belle is a hard worker, well liked by coworkers and residents. Had so many compliments from residents over the years. Always puts residents first in her priority. Excellent attendance at work.

**Rosemarie Gatchalian, LPN - 25** | Rose is the weekend supervisor at the healthcare center and plays an instrumental part in the success of Wesley Homes and the vision we support. She manages the nursing care during the weekend for the Healthcare center and gives 110% of herself to everything she does. It's apparent Rose enjoys her work as she is cheerful, outgoing and always willing to help others. She works very long hours on the weekend and never once do we hear a complaint or see her quit before the job is complete and her residents, family members and staff are safe, cared for and satisfied. Rose is a team player and reliable nurse. She takes good care of her residents and staff. Is self-motivated and has good assessment skills. Works well with the interdisciplinary team and has good communications skills.



Thank You!

For all your hard work and dedication!!





